

# **Our General Maintenance Procedures**

- 1. We will make visual and operation inspections, We will place a spiral booklet at front desk so that onsite management can generate problems members experience.**

## **SPINNERS – TREADMILLS – ELLIPTICALS- BIKES & STRENGTH PIECES.**

We will note rusted areas, broken plastics, excessive wear, and safety test on each piece.

All power cords will be inspected. We will communicate with management or persons needing to be aware of possible safety issues & preventing downtime of a unit.

- 2. We will place a log book at location so that members or questions pertaining to a unit can be tested during each maintenance visit.**

We will inspect and test general operations, display, + , - Speeds, up & down elevations, keypads, resistance, and walking and running performance of products.

- 4. Minor Inspection all hardware on multi-Gyms, & weight pieces.**

(We will apply lubricates to rods, greases, & inspect cables-pulleys).

Tighten all hardware when needed and secure loose pieces.

Confirm easy guides and roller operations of workout. Be very detailed with safety on all pieces such as frayed cables or loose, wore our frames and/or unsafe usage.

Document and show manager or supervisor.

## **5. Quarterly Cardio Lubrications as needed:**

(We will listen and check chains, bearings, mechanical moving parts, and adjustments).

Treadmill will have confirm current loads on treadmills at 3mph and 5 mph with amp meter to determine its usage.

Apply wax if needed at no additional cost.

**All pieces will be checked for proper operations and will be cleaned inside shroud covers - vacuumed as needed during each visit. We will perform a safety inspection on each piece. We will generate a list of pieces needing attention so that repair estimates can be made. Minor adjustments or mechanical alignments will be performed onsite as part of the PM visit. We do not clean outside pieces or under units. This will be provided by in house cleaning services. We will document and communicate any needs to the manager onsite each visit before leaving the location.**